MINT CHOCOLATE CHIP Ice Cream - MINT ICE CREAM (WE SHADE IT GREEN) WITH LOTS OF **REAL** CHOCOLATE CHIPS

Ingredients - Milk, cream, sugar, corn syrup, skim milk, chocolate liquor, cocoa butter, peppermint extract, gelatin, soy lecithin, vanilla, blue #1 and turmeric.

Nutrition Facts

Serving Size 1/2 cup (74 g)
Servings Per Container 16

Amount Per Serving

Calories 180	Calories from Fat 100

	% Daily Value*
Total Fat 11g	**17%**
Saturated Fat 7g	**35%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 50mg	**2%**
Total Carbohydrate 18g	**6%**
Dietary Fiber 0g	**0%**
Sugars 15g	
Protein 3g	

Vitamin A 8%	•	Vitamin C 0%
Calcium 8%	•	Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4